JOBLINKS · JOBSTORY PODCAST

EPISODE 02 · WORKSHEET

The CV in 2026: what's changed

What's changed, and what stays essential.

Episode objectives

After listening to this episode, you'll be able to:

- Understand how an ATS (automated screening system) works
- Identify the 4 most common CV mistakes in 2026
- Apply the 5 timeless essentials of a good CV
- Know the new trends worth adding to your application

KEY VOCABULARY

TERM	DEFINITION
ATS	Applicant Tracking System — software that automatically sorts CVs
Keywords	Important terms drawn from a job posting
Relevance score	The rating an ATS gives a CV
Digital portfolio	An online site or page that showcases your work

1 Comprehension

5 MIN · PART A — THE ATS

1. What is an ATS? Explain it in your own words.

2. What are the 3 stages an ATS uses to process a CV?

01

02

03

3. According to the podcast, how many applications can be rejected without a human ever seeing the CV?

2 Comprehension

5 MIN · PART B — THE 4 COMMON MISTAKES

Name the 4 mistakes mentioned and write one solution for each.

MISTAKE IDENTIFIED	MY SOLUTION
Mistake 1:	
Mistake 2:	
Mistake 3:	
Mistake 4:	

3 Comprehension

5 MIN · PART C — THE 5 TIMELESS ESSENTIALS

Identify the 5 essentials of a good CV according to the podcast.

01 .....

02 .....

03 .....

04 .....

05 .....

4 Analysis & reflection

5 MIN

1. What's wrong with this profile? Rewrite it more effectively.

Version to analyze: “Motivated, dynamic and independent student, looking for a stimulating challenge in an enriching environment.”

Problem(s) identified:

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My improved version:

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.....

2. Turn these tasks into quantified achievements.

ORIGINAL TASK	MY IMPROVED VERSION (WITH RESULT & NUMBER)
Handling the register at a store.	
Running workshops for young people.	
Posting content on social media.	

5 The challenge of the week

KEYWORD MATCH

1. Find a job posting that interests you.
2. Pull out the 10 most important keywords from it.
3. Check how many of them appear in your current CV.
4. Note your results below.

Target role or company:

.....

The ten keywords I spotted in the posting:

1	.....	**6**	.....
2	.....	**7**	.....
3	.....	**8**	.....
4	.....	**9**	.....
5	.....	**10**	.....

How many appear in my CV? _____ / 10

Reminder: if fewer than 5 of the 10 keywords are in your CV → that's your challenge for the week!

+ New trends — bonus questions

5 MIN

1. Name the 3 new trends presented in the episode.

01 .....

02 .....

03 .....

2. What is Joblinks, and how is it different from a traditional CV?

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SELF-ASSESSMENT

Tick what you understood and remembered after listening:

☐ I understand how an ATS works and why it matters.

- [ ] I know the 4 mistakes to avoid on my CV.
- [ ] I know the 5 timeless essentials of a good CV.
- [ ] I can turn a task into a quantified achievement.
- [ ] I know how to tailor my CV to a specific job posting.
- [ ] I know at least one new recruitment trend (2026).

Well done.

See you next time, on JobStory.